

SWIM 101
 2026 SUMMER SWIM LESSONS
 DELTA MARRIOTT
 655 Dixon Rd

Daily Daytime lessons Monday - Thursday

Daily Daytime lessons	Times (30 min time slots)	# of lessons
June 29 - July 9	3:00 - 4:30	7 lessons
July 13 - 23	3:00 - 4:30	8 lessons
July 27 - August 6	3:00 - 4:30	8 lessons
August 10- 20	3:00 - 4:30	8 lessons

Evening lessons 1 x week

Weekly Evening lessons 1 x week	Times (30 min time slots)	Start	End	# of lessons
Monday	4 - 8 pm	June 29	August 24	8 lessons
Tuesday	4 - 8 pm	June 30	August 25	9 lessons
Wednesday	4 - 8 pm	July 8	August 26	8 lessons
Thursday	4 - 8 pm	July 2	August 27	9 lesson

Evening lessons 2 x week

Weekly Evening lessons 2 x week	Times (30 min time slots)	Start	End	# of lessons
Mon + Wed (July)	4 - 8 pm	June 29	July 27	8 lessons
Mon + Wed (Aug)	4 - 8 pm	July 29	August 26	8 lessons
Tues+Thurs (July)	4 - 8 pm	June 29	July 28	9 lessons
Tues+Thurs (Aug)	4 - 8 pm	July 30	August 27	9 lessons

No lessons on weekends, Fridays or holidays (July 1 or August 3)

Fees

Program	Ratio	Length of Lesson	# of lessons	Fees
Small Group lessons	3:1	30 min	7	210+hst
			8	240+hst
			9	270 +hst
Semi-Private Instruction	2:1	30 min	7	280+hst
			8	320+hst
			9	360+hst
Private Instruction	1:1	30 min	7	420+hst
			8	480+hst
			9	540+hst

To Register

email your request to margie@101sportsgroup.ca

Or call 416-816-7563 to register by phone

Full payment at time of registration

Visa, Mastercard, Cash, Cheque or E-transfer

For addition information

call - 416-816-7563

email - margie@101sportsgroup.ca