



Hockey 101 Summer Camps 2026

(featuring Program Director Coach AI)

www.101sports.ca

| Location | Weeks |
|---|--|
| The Ford Performance Centre 400 Kipling Ave, Etobicoke, ON | July 13-17, 20-24, August 10-14 August 17-21, 24-28, 31- Sept 4 |

Full Day Hockey Camp

Participants will receive on ice instructions for each morning and afternoon. The program will include 2 hrs 40 minutes on ice, off ice conditioning drills, sports activities and games.

Time: 8:45 AM - 4:00 PM

Monday - Friday on-ice schedule: 9:15 - 10:35 AM and 2:00 - 3:20 PM

Ages 7 - 13 years

Fee: \$450 + HST / 5 days

(Campers will be supervised over lunch hours)

Half Day Hockey Camp (AM or PM)

Participants will receive on ice instructions for morning or afternoon. The program will include 1 hour 20 minutes on ice, off ice conditioning drills, sports activities and games.

AM CAMP (8:45 AM- 11:45 AM)

Mon - Fri on ice schedule: 9:00- 10:20 AM

Ages 7 - 13 years

Fee: \$250 + HST / 5 days

PM CAMP (1:00 PM - 4:00 PM)

Mon-Fri on-ice schedule: 2:00-3:20PM

Ages:

- Junior PM Half Day: 5 and 6 years

- Senior PM Half Day: 7 - 13 years

Fee: \$250 + HST / 5 days

Morning / Afternoon Hockey Clinic

The Clinic will include on ice instruction each day. Participants will be grouped according to age and skill level.

Morning On Ice Schedule

Monday - Friday: 9:15 - 10:35 AM

Ages 7-13 years

Fee:\$225 + HST / 5 days

Afternoon On-Ice Schedule

Monday - Friday: 2:00 - 3:20 PM

Ages:

- Junior Clinic:5 and 6 years

- Senior Clinic: 7 - 13 years

Fee: \$225 + HST / 5 days

To register go to www.101sports.ca , complete the registration form and return to us at info@101sportsgroup.ca or call us at 416 201 8726



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Skating Lessons

We continue our Preschool and Learn to skate programs throughout the summer on the above weeks except for the week of August 31 - September 4

Monday - Friday

Preschool Skating Lessons (30 minutes) **Learn to Skate Lessons (50 Minutes)**

2:00 PM - 2:30 PM or 2:30 - 3:00 PM

Ages 3 - 6 Years

Fee: \$125 + HST / 5 days

2:00 PM - 2:50 PM

Ages 7 - 13

Fee: \$140 + HST / 5 days

Coach in Training (CIT) Program

This course is where many of our 101 Sportsgroup coaches started, and features sessions to prepare your child to become a coach! We are offering two separate weeks this summer.

Key Learning Outcomes

- First Aid session
- Learning how to coach on and off the ice
- Dealing with difficult situations
- Activity Planning

Registration Information

Ages 14 - 16

July 13th - July 17th week

August 10th - August 14th

Fee \$250 + HST / 5 days

After completing the training week, the expectation is to return for a week to volunteer within the summer. This is a great opportunity to get your 40 volunteer hours for your OSSD!

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